



THE HULL & EAST RIDING KARATE ACADEMY

Certificate of Achievement 2012

Sporting Excellence in Karate

National Level

James Lee

This is to certify that James Lee has achieved the standard of Sporting Excellence in Competition Sport Karate in both Kata and Kumite. James competed at the highest level of British Karate in 2012 winning the medals and titles listed below:-

Championship Success - 3 Gold 2 Silver 4 Bronze

English National Kyu Grade Championships - 22nd January, Sheffield

Silver - Individual Kumite
Bronze - Individual Kata
Bronze - Individual Kumite

English National Championships - 21st & 22nd April, Sheffield

Bronze - Team Kumite

Northern Open International Championships - 27th May, Leigh

Gold - Team Kata

Shindo Kai Kata Championships - 1st July, Barnsley

Silver - Pairs Kata

East Yorkshire Open Championships - 21st October, Hull

Gold - Team Kata



British
Karate
Federation



The Hull & East Riding Karate Academy is a member of the Shindo Kai Karate Association, an association in the English Karate Federation National Governing Body and member of the British Karate Federation.



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Shindo Kai National Championships - 15th November, Barnsley

Gold - Individual Kata

Bronze - Pairs Kata

Congratulations on your outstanding sporting achievements throughout 2012. These performances and results have made you one of the top karate athletes in the country in your age group. Well done James.

Sensei Wayne Clarke 3rd Dan

Head Coach - The Hull & East Riding Karate Academy



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